

12 questions to ask before choosing an IVF clinic

A calm, practical checklist to help you compare clinics, understand quotations and make a more informed decision.

Take this with you.

Write down each clinic's answer. Clarity, safety and suitability matter more than advertising or one headline success percentage.

01 Who will lead my treatment from beginning to end?

Ask who reviews your history, selects the protocol and remains responsible for explaining changes and next steps.

Notes: _____

02 Who runs the IVF laboratory?

Ask about the embryology team, their experience, witnessing systems, laboratory quality controls and how updates are communicated.

Notes: _____

03 Which investigations do I genuinely need?

Request a reason for each test and ask how the result could change your treatment plan.

Notes: _____

04 What does my quotation include - and exclude?

Confirm consultations, investigations, medicines, monitoring, egg collection, IVF or ICSI, embryo culture, transfer, freezing and storage.

Notes: _____

05 How do you report success for someone like me?

Ask for outcomes relevant to your age, diagnosis, egg source and treatment type. Be cautious of guaranteed results.

Notes: _____

06 Why are IVF, ICSI or another technique being recommended?

The clinic should explain why each procedure is appropriate rather than adding technology without a clear reason.

Notes: _____

Continue your comparison

There is no single clinic that is best for every person. Use these questions to decide which team is best prepared for your own needs.

07 How many embryos might be transferred?

Discuss safety, multiple-pregnancy risk, embryo quality, age and whether suitable embryos may be frozen.

Notes: _____

08 What are the common side effects and important risks?

Ask who to contact if symptoms occur and what monitoring is used to reduce avoidable risk.

Notes: _____

09 Can you support my specific pathway?

Confirm relevant experience in male-factor infertility, PGT-A or PGT-M, donor treatment, preservation, recurrent loss or surrogacy.

Notes: _____

10 How will you protect our privacy and samples?

Ask about confidentiality, identification, witnessing, consent, storage records and access to your information.

Notes: _____

11 What support is available during difficult decisions?

Look for plain explanations, realistic expectations, emotional support and enough time to ask questions without pressure.

Notes: _____

12 What happens if the first cycle is unsuccessful?

Ask how the cycle will be reviewed, how frozen embryos are managed and how any next recommendation will be decided.

Notes: _____

Would you like help understanding your options?

Speak privately with Fertpromax about IVF, clinical embryology, fertility screening or reproductive genetic testing.

fertpromax.com/contact | +234 811 111 4214 | info@fertpromax.com

This checklist provides general information and does not replace individual medical advice. Treatment suitability and outcomes differ between patients.